

DIABETIC RETINOPATHY ASSESSMENT

Patient Name _____

DOB _____

Date _____

DISEASE SEVERITY LEVEL

DILATED OPHTHALMOSCOPY OBSERVATIONS

LEVEL 1 – Low Risk
No Apparent Diabetic Retinopathy

No abnormalities

LEVEL 2 – Low Risk
Mild Nonproliferative Retinopathy

Micro-aneurysms only

LEVEL 3 – Low Risk
Moderate Nonproliferative Retinopathy

More than “mild” but less than “severe”

LEVEL 4 – High Risk
Severe Nonproliferative Retinopathy

Twenty or more intraretinal hemorrhages in four quadrants; Definite venous beading in two or more quadrants; Prominent intraretinal microvascular abnormalities (IRMA) in one or more quadrants and no neovascularization

LEVEL 5 – High Risk
Proliferative Diabetic Retinopathy

Definite neovascularization; Preretinal hemorrhage; Vitreous hemorrhage

DIABETIC MACULAR EDEMA SCALE

LEVEL 1
No Apparent Diabetic Macular Edema

No retinal thickening or hard exudates in the posterior pole

LEVEL 2
Mild Diabetic Macular Edema

Some retinal thickening or hard exudates in the posterior pole, but distant from the macula

LEVEL 3
Moderate Diabetic Macular Edema

Retinal thickening or hard exudates approaching the center of the macular, but not involving the center

LEVEL 4
Severe Diabetic Macular Edema

Retinal thickening or hard exudates involving the center of the macula

Doctor's Signature _____